

FERTILISE WISE

Home lawns and gardens are a major source of nutrients entering wetlands and the Swan and Canning Rivers. Excess fertiliser used in your garden will eventually find its way into wetlands and the rivers via the stormwater drainage system or through the soil into groundwater. Excessive nutrients in wetland and river systems lead to algal blooms. These can result in the death of animals and plants which live in the waterways and the possible closure of waterway systems for recreational activity.

This guide aims to provide easy to understand application rates and recommended fertiliser types for those living on Central Coastal Plain Soils. Using this information, you will save time and money and help to keep our rivers healthy.

Excessive fertiliser use can cause toxic algal blooms



For more information, please contact:
Phosphorus Awareness Project Coordinator
South East Regional Centre for Urban Landcare
Phone: 9458 5664
Email: amykrupa@sercul.org.au
Website: www.sercul.org.au/paghelp.html

To attend a free Great Gardens Workshop on fertilise and water wise gardening, refer to the website:
www.greatgardens.info
or phone 1300 369 833

For native plants for your soil type, please refer to the websites:
members.ozemail.com.au/~wildflowers
and: www.localplants.nmcg.com.au
or contact your local garden centre.

For their Waterwise Guides, please refer to the Water Corporation's website:
www.watercorporation.com.au/savingwater

ACKNOWLEDGMENTS

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PHOSPHORUS
ACTION
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HELP KEEP
OUR RIVERS HEALTHY



GROWING A BETTER LAWN AND GARDEN IN CENTRAL COASTAL PLAIN SOILS



10-20 km from the coast, Central Coastal Plain Soils tend to be grey, white or very pale brown sand.

They are comprised mainly of deep sands. They range from neutral to acid with a pH range of 4.0 to 6.0. Bore water can be acidic.

Phosphorus retention is extremely low. Nutrient loss occurs readily through the soil into groundwater and via stormwater drains.

IS A LAWN NECESSARY?

Lawn is the most intensive part of any garden. It requires a large investment of time, energy and resources to maintain a lawn to a high level. Many alternatives to lawn are easier to maintain and do not result in nutrients entering our waterways. They include native grasses and groundcovers, many of which require none or only small amounts of fertiliser and water.

Species suitable as a lawn.

- Dichondra (Dichondra repens) – grows best in shady, damp areas. No mowing required.
- Weeping Rice Grass (Microlaena stipoides) – hardy and drought tolerant, active in winter though remains green all year. Best in damp, semi-shaded areas.
- Marine Couch (Sporobolus virginicus) – salt tolerant, active in summer. Best in damp areas.
- Lippia (Phyla nodiflora) – hardy and drought tolerant. Flowers attract bees. Mow if required.
- For a year round, green, native lawn, a combination of winter and summer active species may be required.

Non-lawn alternatives

- Paving – extend garden beds (possibly add a few local native plants) and pave the rest of the area.
- Gravel – extend garden beds (possibly add a few local native plants) and put gravel over the rest of the area.

ESTABLISHING A LAWN

- Add compost or soil improver to increase water and nutrient retention and to minimise non-wetting problems. Use two litres per square metre.
- The best times to plant lawn from runners are during early autumn (March-April) or early spring (August-September) when conditions are mild to warm and there is less chance of losing fertiliser through heavy rains.
- Roll-on turf is an easier and quicker way of establishing a lawn. Roll-on also requires less fertiliser and can be planted at any time of the year.
- Plant buffalo rather than couch to reduce nutrient requirements.
- Use a complete establishment lawn fertiliser with a

Nitrogen to Phosphorus to Potassium (N:P:K) ratio of 10:3:6. Use a MAXIMUM of 25 grams per square metre (g/m²) (See Table 1).

- For better lawn growth look for a complete fertiliser that also contains trace elements such as copper (Cu), molybdenum (Mo) and Zinc (Zn).
- Do not use raw chicken manure.
- Apply small amounts of water frequently until deep roots are established. For the first two weeks apply 4mm of water three times per day.

Table 1: Nutrient analysis of fertilisers and their application rates. To check the nutrient analysis of a fertiliser, look for the percentages on the fertiliser bag.

Fertiliser Type	Fertiliser Analysis			Maximum Application Rate (g/m ²)
	Nitrogen (N)	Phosphorus (P)	Potassium (K)	
Complete Establishment	10 - 12%	3 - 5%	6 - 10%	25
Complete Maintenance	10 - 12%	0 - 2%	6 - 10%	25
Maintenance with Nitrogen	Greater than 20%	0%	0%	12

A male hand can hold approximately 50 grams of fertiliser while a female hand holds approximately 40 grams.

LAWN MAINTENANCE

- Different grass species have different fertiliser requirements to achieve a pale green lawn with an even growth rate.
- Buffalo requires less fertiliser compared to couch.
- Fertiliser should only be applied when symptoms of nutrient deficiency occur (eg. yellowing).
- Use and apply a complete maintenance lawn fertiliser at a MAXIMUM rate of 25 g/m² (See Table 1).
- If the fertiliser you are using contains greater than 20% Nitrogen, then apply a MAXIMUM of 12 g/m² (See Table 1).
- If fertiliser is required, apply in spring and/or early autumn (September, October, November, March and April) when grass grows rapidly.
- DO NOT fertilise in summer or winter. Summer fertilising encourages over use of water. Fertiliser applied during winter will be washed into stormwater drains.
- Other nutrients such as sulphur (S), magnesium (Mg), calcium (Ca) and the trace elements copper (Cu), iron

(Fe), manganese (Mn), zinc (Zn), molybdenum (Mo) and boron (B) may also be required for good growth.

- Apply a good quality wetting agent, to the manufacturers' instructions when fertilising, to improve lawn productivity and reduce run-off of water and nutrients.
- Apply a soil amendment product (containing zeolite, bentonite clay, spongelite or fly ash), to the manufacturers' instructions, to improve the sand's ability to hold onto water and nutrients.
- Consider using organic fertilisers such as fish emulsion, composted manures, worm castings or rock dust.

LAWN PROBLEMS SOLVED

- To reduce thatch build up that promotes diseases and non-wetting, use fertilisers sensibly and mow regularly with a close-cut during autumn.
- Areas of lawn with dead spots may respond to extra potassium (in sulphate or potash) applied with a wetting agent from a watering can.
- Extra potassium in autumn will toughen lawns for winter.

GARDEN MAINTENANCE

- Lime may be required on very acid soils to neutralise the soil.
- Grey sands are not suitable for vegetables due to their very low fertility, high losses of fertiliser and manure nutrients through the soil into the groundwater.

WATERING GUIDE

- Frequency of watering is based on your house number.
- Two days a week have been allocated to water your garden.
- To find out your sprinkler days, take the last digit of your house number and apply it to the table below.
- Water for a maximum of 15 minutes to avoid leaching of nutrients from the soil.
- During the wetter months, you will not need to water your garden.

LAST DIGIT OF HOUSE NUMBER	YOUR TWO SPRINKLER DAYS	
1	Wednesday	Saturday
2	Thursday	Sunday
3	Friday	Monday
4	Saturday	Tuesday
5	Sunday	Wednesday
6	Monday	Thursday
7	Tuesday	Friday
8	Wednesday	Saturday
9	Thursday	Sunday
0	Friday	Monday

SIX ENVIRONMENT-FRIENDLY GARDENING TIPS

1. Grow low fertiliser and low water use plants such as local native plants.
2. Minimise the use of deciduous trees as falling leaves can enter stormwater drains and contribute to nutrient problems in waterways.
3. Group plants with similar water/fertiliser/shade requirements.
4. Plant deep rooted perennials rather than annuals.
5. Use a high quality, coarse mulch in garden beds to reduce watering (and thus minimise the amount of nutrients seeping through soil and into groundwater).
6. Take care using raw animal manures that break down readily leading to nutrient losses through the soil into ground water. Composted manures are better.

